

**Choose any six salads - £4.50 per head**

**Mediterranean**

Tomato, cucumber, red onion with a lemon and parsley dressing (v)(n)(g)

**Mixed Green Leaf**

A variety of seasonal mixed green leaves (v)(n)(g)

**Tomato and Cucumber**

A selection of sliced tomato and cucumber (v)(n)(g)

**Italian Pasta**

Pasta with salami and tomato dressing (n)

**Fusilli Pasta**

Pasta with a tomato dressing (v)(n)

**Tomato and pesto Salad**

Tomatoes in a basil pesto dressing (v)(g)

**Mixed Bean**

Green Soya, Red kidney and Chickpeas with a vinaigrette dressing (v)(n)(g)

**Couscous wedding salad**

Fluffy Couscous with a mix of apricots, sunflower seeds, lemon pickled red onion, parsley and pomegranate (v)(n)

**Broad bean with lemon and yoghurt dressing**

Broad beans, lemon, yoghurt and chives (v)(n)(g)

**Potato Salad (Traditional)**

Potato, onions and mayonnaise (v)(n)(g)

**Warm Potato Salad with Dill pickle**

Potato, dill pickle in a vinaigrette dressing (v)(n)(g)

**New Potatoes**

Buttered baby new Potatoes (v)(n)(g)

**Courgette with Tomato Dressing**

Fresh courgette with a tomato dressing (v)(n)(g)

**Oriental Vegetable**

Shredded oriental vegetables with a soy and sesame dressing (v)(g)

**Red Coleslaw**

Red cabbage, red onion and beetroot with a vinaigrette dressing (v)(n)(g)

**Traditional Coleslaw**

White cabbage, onion, carrot and mayonnaise (v)(n)(g)

**Carrot, Orange and Coriander**

Shredded carrot, fresh coriander and orange juice (v)(n)(g)

**Waldorf Salad**

Apple, celery, walnuts and mayonnaise (v)(g)

**French Bean Salad**

Fine green beans in a French dressing with diced red peppers (v)(n)(g)

**Mushroom Salad**

Fresh sliced mushrooms with a tomato and oregano dressing (v)(n)(g)

**Curried Rice Salad**

Almonds, sultanas and turmeric rice (v)(g)

**Rainbow Rice Salad**

Turmeric rice with spring onions, red peppers and celery (v)(n)(g)

**Middle Eastern Chickpea Salad**

Chickpeas, lemon, parsley, olives, red onion (v)(n)(g)

(v) suitable for vegetarians

(n) nut free (although there may be traces of nuts in all salads as they are prepared in the same location)

(g) gluten free